

Y.M.C.A COLLEGE OF PHYSICAL EDUCATION, CHENNAI
IQAC – INTERNAL QUALITY ASSURANCE CELL

DEEKSHARAMBH- STUDENT INDUCTION PROGRAMME (SIP)
2026-2027

The transition from school to university or college life is one of the most challenging experiences for students. New students arrive with diverse backgrounds, thoughts, and levels of preparation. They enter an unfamiliar environment, often with limited knowledge about higher education institutions. Therefore, an important task is to warmly welcome these students and adequately prepare them for their new roles in higher education.

The purpose of the Student Induction Programme - is to help new students adjust and feel comfortable in their new environment. It aims to instil the ethos and culture of the institution, foster bonds between students and faculty, and introduce them to a broader sense of purpose and self-exploration. The programme begins as soon as students arrive, before regular classes start. During the induction, students learn about institutional policies, processes, practices, culture, values, and their mentor groups are formed.

Students Induction could cover a number of different aspects (SAGE):

Socializing: Meeting other new students, senior students, students union, lectures by Eminent People;

Associating: Visits to University / college, visits to Dept./Branch/ Programme of study and Important places in campus, local area, city and so on;


Governing: Rules and regulations, student support etc.

Experiencing: Subject lectures, study skills, small-group activities, physical activity, creative and performing arts, literary activities, universal human values, etc.

DATE	TIME	B.P.Ed I Year		
06.07.2026 Monday		GENERAL ORIENTATION		
07.07.2026 Tuesday	6.00 - 8.00 am	Physical activities		
	10.00-12.30 pm	10 - 11am	Attendance Welcome Address & Ice breaking	Mr. Paul Tech. Asst
		11-12.30 pm B.P.Ed Iyr A	"Transitioning from Athlete to Teacher" –	Dr. J. Samuel Assistant Professor
		11-12.30 pm B.P.Ed I Year B	"Transitioning from Athlete to Teacher"	Dr. J. James Assistant Professor
	4.00 - 6.00 pm	Physical Activities		
08.07.2026 Wednesday	6.00 - 8.00 am	Physical activities		

	10.00-12.30 pm	10 - 11am	Attendance Welcome Address & Ice breaking	Guest Lecturer-1
		11-12.30 pm	"Tech in the Field" – Practical usage of basic fitness apps, stopwatches, and digital attendance tracking	Mr. Praveen Assistant Professor
		11-12.30 pm	Yoga for Healthy Life	Dr. Pon Anbarasu Assistant Professor
	4.00 - 6.00 pm	Physical Activities		
09.07.2026 Thursday	6.00 - 8.00 am	Physical activities		
	10.00-12.30 pm	10 - 11am	Attendance Welcome Address & Ice breaking	Mr. Tony , Tech. Asst
		11-12.30 pm	Learning Resources & Services	Dr. Prabhu Librarian
		11-12.30 pm	Digital literacy - Cyber Security	Mr. Felix Arockiaaraj
	4.00 - 6.00 pm	Physical Activities		
10.07.2026 Friday	6.00 - 8.00 am	Physical activities		
	10.00-12.30 pm	Field Visit – TNPESU	Dr. James Dr. Praveen Dr. Komala & Dr. Bobby	
	4.00 - 6.00 pm	Physical Activities		


 Dr. J. Glory Darling Margaret
 IQAC Coordinator


 Dr. George Abraham
 Principal